

CHAMONIX ZERMATT HAUTE ROUTE HIKING TOUR

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CHAMONIX ZERMATT THE "HAUTE ROUTE" BY THE GLACIERS

Chamonix Zermatt, the famous "Haute Route" is one of the greatest high Alpine trek. From France to Switzerland, the Haute Route links the Mont Blanc with the Matterhorn and will take you over a spectacular series of high mountain, passes and huge glaciers. All along the Haute Route you will stay every day in a high mountain huts where you will admire sunsets over beautiful alpine landscapes. This trip is also perfect to practice and bring to perfection the fundament skills of mountaineering and glacier climbing. The trip will be done under the guidance of one of our high qualified mountain guides, who Knows very well the way and he will also share their knowledge of the area with you, making your trip an unforgettable experience.

Day 1 : From the Tour village we join the Col de Balme by telecabine. A nice foot path climb to the Albert 1er hut, right by the Tour glacier. (2702 m) - 3 h. + 850 m. After lunch with your mountain guide crampons training on the glacier.

Day 2 : The route start climbing up on the Tour glacier and cross the Col du Tour (3280 m) by a little steep slope. Crossing the wide Trient Plateau then walk down to the Orny hut and to the cable car of Champex. Beautiful view on the 4000m peaks of the swiss Valais. Overnight in Champex guest house (shower). 6/7 h walk. + 600 m - 1100 m

Day 3 : Taxi transfer (45 mn) to the Mauvoisin lake (1764 m). By a lovely trail, crossing mountain pastures we climb to the Chanrion hut (2460m). Splendid view on the Grand Combin - 3/4h + 700m.

Day 4 : Long climb on the big Otemmaz glacier to the col de Chermontane and then the Vignettes hut (3158 m). Descent on the small village of Arolla, nestled at the foot of the impressive north face of Pigne d'Arolla. 7 h walk. + 850m. - 1100m.

Day 5 : Short minibus transfer and steep climb to the Bertol hut (3310m), first by a easy foot path then by rocky moraines and snowfields. At the end some steep ladders to reach the mountain hut. 4/5 h walk. +1300m

Day 6 : A beautiful day : starting from Bertol we climb first on the Mont Miné glacier up to Tête Blanche (3725m). Breathtaking point of view on Matterhorn and all the Alps up to the Mt Blanc. Descent on Stockji and Zmutt glacier, crossing many crevasses, then by a foot path and screes to the Shoenbiel Hut (2695 m). 6/7 h walk. + 9000 m. - 1200m.

Day 7 : By the moraine of Zmutt glacier and a lovely foot path in grassy fields we walk down to Zermatt - 3/4 heures. - 1050m.

Itinerary : The walking times quoted above are approximate and will vary depending of group abilities and mountain conditions. The guide will be able to change the route if necessary, regarding weather conditions, security or group fitness.

INFORMATIONS

Dates : Départure each Week from mid June to Sepember.

Programme and departure date "à la carte" if you have your own group.

PRICES

- based on a group of 5/7 people : 1195 € per person

- based on a group of 4 people : 1355 € per person

The price includes :

- Mountain guide and security collective equipment

- 4 nights in mountain hut, 1 night in guest house in Champex and 1 night in hôtel in Arolla with night, dinner and breakfast, lodging in dormitory

- pique nique pack lunch

- cable cars and taxis transfert following the normal program

Not included :

- Rescue, repatriation and cancellation insurance

- Drinks and personal expenses in mountain huts

- Energy bars

- Extra taxis or expenses due to a change of route

- Taxi back from Zermatt to Chamonix (500 € for the group)

- Generally all that is not mentionned in «the prices includes»

Level : Trek for good walkers. No technical difficulties, if you are beginner mountaineers it is not a problem. Your mountain guide will teach you the basic crampons walking technics the first day.

Group size : Maximum 8 people according with the glacier conditions.

Your mountain guide : All our mountain guides are UIAGM qualified and they all have extensive experience of guiding in the Alps since several years

Additional nights in the Chamonix Valley : It is better if you arrive the day before starting the trip. If you want one or more extra night (before or after the trip) we can arrange your lodging in the Chamonix Valley in guest house or hôtel, price starting at 45 € per person on half board. Please mention it at the time of your registration.

Meeting with your mountain guide : the first day in le Tour village at 9:00 a.m. at the bottom of the Tour cable car. Your guide will check your equipment. If you arrive the day before your guide will visit you in your lodging place. Please call or write us a mail some days before your arrival to arrange this meeting.

Insurance : We recommend a cancellation insurance in case of last-minute travel changes or injuries. In addition, it is the client's responsibility to make sure that they have an insurance cover for mountaineering activities including helicopter rescue & repatriation in case of an accident. Our company can arrange a mountain insurance with our EUROP ASSISTANCE contract. Please look at our registration form (only for european nationals).

Lodging : Two nights in guest house in Champex and hôtel in Arolla and 4 nights in mountain hut (dormitory)

Meals : We take all breakfast and dinner in the mountain huts. We provide the pack lunch for 6 days (sandwiches, cakes, chocolate, dessert) who is carried in your backpack.

Formalities & cash money: Passport or identity card, alpine club card if you are member. Euros and Swiss francs for your personal expenses in mountain huts.

Equipment list

- 30/40 L rucksak

- warm fleece hat - sun hat

- thermal underwear

- fleece layers (several thin layers is better than a thick ones. It's allow you to adjust your clothing according to weather and temperature)

- wind & waterproof jacket and trousers - warm socks (2/3 pairs)

- warm waterproof gloves

- thin gloves (polar fleece)

- light LED head lamp with new battery
- sun glasses
- water Bottle 1,5 liter
- sun cream block
- a small light towel
- walking poles
- crampons & ice axe
- mountaineering boots
- gaiters
- harness (provided by our organisation if you don't have yours)

Personal medical kit

- kit to prevent blisters, compeed and elastic tape
- pain killers, aspirin or paracetamol
- antiseptic cream
- your own medication if necessary

Equipment renting

Mountaineering boots, crampons & ice axe, gore tex jackets are on rent at our partner shop :
SANGLARD SPORTS in Chamonix. 15% discount for our clients, on line booking service :
rentski.com

Season: June to September

Price: starting at 1195 €

Duration: 7 days

Group size: 4 to 7 pax

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