

MONT BLANC FIVE DAY COURSE

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Mont Blanc ascent by the normal route or Trois Monts route

The Mont Blanc, highest peak in western Europe, is without a doubt one of the most popular mountain in the world and every year many mountaineers try to attempt this famous peak. The ascent is a relatively simple snow route, but requires a high level of physical fitness for the ascent who is in high altitude during a long time - the summit day, the ascent and descent requires 10 to 12 h of continuous effort - and a minimum of walking on ice and snow practice with crampons and ice axe are required.

The "Trois Monts Route" demand very good snow conditions, and you must be in very good fit and well trained, if this route is not possible due to bad conditions you will try by the normal route and the Gouter Mountain hut.

The key of success : preparation and acclimatization. For increasing your chances we propose since many years 5 days and 6 days courses including 3 day of preparation. These 3 days are very important : you will practice ice and snow climbing, walk in altitude on glacier and spend two nights in altitude mountain hut, very good for your acclimatization.

We Offer different packages and you will choose, but the goal is the same for us : to guide you to the summit

[Mont Blanc Informations - The different routes - Mountaineering equipment](#)

MONT BLANC 5 DAYS COURSE

Days 1 to 3 : Practice of ice and snow climbing on glacier, with ascents of summits and hiking on high glaciers, with 2 night in a mountain hut in altitude, very good for your preparation.

These 3 days will be made in different glacier area, who offers several easy snow climbs such as le Tour, Argentière, Miage... the program will be done according to the mountain condition and group abilities.

The third day night in Guest House in Vallorcine

Day 4 : climb to mountain hut, Cosmiques or Gouter according to reservation and itinerary planned.

Day 5 : ascent of Mont Blanc and back to Chamonix.

Price Mt Blanc 5 days by Cosmiques mountain hut : 1435 € per person in group 4 person

Price Mt Blanc 5 days by Gouter mountain hut : 1490 € per person in group 4 person

* for 2/3 persons group : + 250 € per person supplement

The price includes :

- Mountain guide and his expenses
- 3 nights in mountain huts
- 1 night in guest house in Vallorcine
- breakfast, pack lunch and dinner
- cable cars expenses.

Not included :

Insurance (cf. registration form)

- drinks and personal expenses

- Energy bars, cholate, what you like to eat during the ascent
- more generally all is not mentionned in "the price includes"

INFORMATIONS - BOOKING

Périod

From June to september. Mt Blanc course are starting each week, saturday or sunday.

Level

The final ascent of Mt Blanc is very demanding and will be a 10/12 h of continuous effort at high altitude. You don't need to have any previous ice and snow climbing experience to join this course, although some experience is helpful.

It is however essential to be in very good physical shape. You should be able to walk uphill 1000 m at 300/350m per hour without difficulty. If you need any advice on how best to prepare for this course please let us know.

Groups

For the 3 days acclimatization and training group will be 2 to 6 people, for the Mt Blanc ascent you will have one mountain guide for 2 people.

Booking

It is important to book your course as early as possible because mountain huts are very busy on Mt Blanc all summer long. For booking please send back the registration form with your 30% deposit.

Your Mountain Guide

All our mountain guides are UIAGM certified. They will do their best to help you to reach this famous summit. The guide will be able to change the route if necessary, regarding weather conditions, security or group fitness.

Lodging

In the mountain in mountain hut (dormitory) and in the valley Guest House in Vallorcine (4 pax room with bath and toilets).

Additional nights in the valley If you want to arrive the day before the course and stay after the Mt Blanc ascent we can book your lodging in Vallorcine. Price in guest house on half board 42 € per person. per day. Meals

We take all breakfast and dinner in the mountain huts or guest house. We provide the pack lunch (sandwiches, cakes, chocolate, dessert). You just must have your energetic food.

Meeting with your mountain guide

Meeting is the first day at 8:00 a.m. Your guide will check your equipment. If you arrive the day before your guide will visit you in your lodging place. Please call or write us a mail some days before your arrival to arrange this meeting.

Insurance

We recommend a cancellation insurance in case of last-minute travel changes or injuries. In addition, it is the client's responsibility to make sure that they have an insurance cover for mountaineering activities including helicopter rescue & repatriation in case of an accident. Our company can arrange a mountain insurance with EUROP ASSISTANCE. Please look at our registration form.

Formalities & cash money

Passport or identity card, alpine club card if you are member. Euros for your personal expenses in the mountain huts.

Particular conditions

In case of bad weather for the days of Mt Blanc Ascent we can change the program and will propose to you an other 4000 m peak to climb, in Italy or Switzerland, according to meteo conditions.

Our first concern is your security, so the mountain guide can modify the program of the course for any reason : security, ability of the group, meteo, mountain condition.

You have to know that the Gouter route is a very busy route all summer and it is very difficult to

have places for the night in the mountain hut, depending of your date of reservation. In case of full mountain hut we can change the itinerary.

Season: may to september

Price: starting at 1435 €

Duration: 5 days

Group size: 2 > 6 pax

Chamonix Aventure Montagnes & Voyages- Les Biolles 74660 Vallorcine

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